



Calgary Chapter Alberta Association on Gerontology



The Winds of Grey Symposium

Guest Speaker – JUDY HUGHES, RN

FALL PREVENTION RESOURCE NURSE

Finding Balance...Prevent a fall before it happens!!

Afraid of falling... What can you do...Learn more...
 “How to weave fall prevention messages into your everyday practise”

C

3028 Don Ethell Boulevard SW
 (Directions on following page.)
 Calgary, Alberta

Time: 3:30 – 5:00 pm Doors open with
 Wine, Substantial Appetizers &
 Networking
 5:00-6:00 pm Coffee, Tea & Dessert
 and
 Guest Speaker

Judy Hughes graduated from the University of Alberta Hospital School of Nursing received a Bachelor of Nursing in Calgary She worked in hospitals, as a Home Care Nurse in downtown, did wound care at 8th & 8th Health Clinic and in Public Health



Judy brings a wealth of knowledge from working in fall prevention since 2003. Currently she provides Fall Prevention monthly seniors talks at 15 Move ‘n Mingle Fall Prevention Exercise classes. She organizes the **Calgary Finding Balance Fall Prevention campaign** launch every November to **Celebrate Fall Prevention Month**. Also coordinates the Memory Plus winter and spring programs.

Note: There will be limited seating for this event – Register early!

*****You must pre-register & pre-pay for this event by November 16, 2011*****

Registrations may be cancelled up to and including November 14, 2011 at 4PM. After that, you are welcome to substitute another attendee if you are unable to attend, but you will be billed if you have not pre-paid or sent a substitute.

Directions to 33028 Don Ethell Boulevard SW...Goggle says...

- Get to Richard Road SW via either Glenmore Trail or Crowchild Trail SW
- East on Peacekeepers Way SW. At the roundabout, take the 1st exit onto Don Ethell Blvd SW arriving at the complex ((right hand side) enter the facility via the garage door (leading to the underground parking) which reads "**Resident and Guest Parking**").

The Winds of Grey guests please park in the available spots labelled '**guest parking**'. The reserved spots are for the residents only.

In the underground garage parkade, there is an entrance (white doors, east side) leading right into the meeting room which will be utilized for the Winds of Grey Symposium.



CCAAG Calgary Chapter – Event Registration



Name: _____ **Title:** _____

Organization: _____ **Phone #:** _____

Address: _____

Email address: _____

NOTE: This event will be held at the Garrison Green Seniors Community.

<p><u>Fax your registration to:</u></p> <p>CCAAG 403 271 2873</p> <p>For more information: Email – info@ccaag.com</p>	<p><i>Please check one</i></p> <p><input type="checkbox"/> AAG Members* ----- \$ 20.00</p> <p><input type="checkbox"/> Non-member----- \$ 30.00</p> <p><input type="checkbox"/> Student (with valid ID card) - \$ 20.00</p> <p><small>*An Individual Membership entitles you to attend at the member price. An Organizational Membership entitles 3 (three) people to attend at the member price/per person.</small></p>
--	--

Once your registration has been received by fax – you will receive an invoice. Your Payment Options (Visa/Mastercard, etc.) will be made available to you upon receipt of your Invoice by email.

Note: There will be limited seating for this event – Register early!