



# Calgary Chapter Alberta Association on Gerontology

## The Winds of Grey Symposium

Guest Speaker – Jennifer Buchanan, BMT, MTA Music Therapist,  
Speaker, and President of JB Music Therapy Inc.

### *“MUSIC AND MEMORY: a Sound Connection”*

An exploration of various models, interventions, perspectives and research in the ever growing field of music therapy. We associate music with past emotions, people, and places – our first love or a significant event. Musical memory is deep and is protected from significant neurological changes. Through the use of stories and demonstrations this presentation will provide participants with a clear understanding of music and its potential to support our own personal wellness, as well as those we are caring for.

**Tuesday, March 16, 2010**

*Garrison Green Seniors  
Community*

*3028 Don Ethell Boulevard SW  
(Directions on following page.)  
Calgary, Alberta*

Time: 5:00 – 7:00 pm Doors open with  
Wine, Substantial Appetizers &  
Networking  
7:00 – 8:00 pm Coffee, Tea &  
Dessert  
**Guest Speaker**

**Jennifer Buchanan**, BMT, MTA is a professional speaker who specializes in using music to foster home and workplace wellness. Presenting to health care groups, educators and caregivers, Jennifer promotes the benefits of using music with intent.

An upbeat **presentation** ideal for health care workers or volunteer appreciations. Music occupies more of our brain than language. It can help us go to sleep, find inspiration, concentrate and de-stress. For the senior music can quite simply be a lifeline into their past. A medium that brings back positive memories, celebrating a life that contributed greatly to their family and community.

This presentation is an inspirational and reflective presentation that weaves stories and songs together.

**Note: There will be limited seating for this event – Register early!**

**\*\*\*You must pre-register & pre-pay for this event by March 12, 2010\*\***

**Registrations may be cancelled up to and including March 5, 2010 at 4PM. After that, you are welcome to substitute another attendee if you are unable to attend, but you will be billed if you have not pre-paid or sent a substitute.**

**Directions:** The quickest and easiest way to arrive is:

- driving south on Richard Road.
- make a left turn on Peacekeepers Way (as Don Ethell Blvd is currently closed for construction) and arriving at the facility via the garage doors which reads "Resident and Guest Parking"

Once guests arrive the parking spots available are labelled 'guest parking'. The reserved spots are for the residents.

The entrance from the garage parkade leads in to the meeting room which will be utilized for the Winds of Grey.



## CCAAG Calgary Chapter – Event Registration



**Name:** \_\_\_\_\_ **Title:** \_\_\_\_\_

**Organization:** \_\_\_\_\_ **Phone #:** \_\_\_\_\_

**Address:** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Email address:** \_\_\_\_\_

**NOTE: This event will be held at the Garrison Green Seniors Community.**

<p><b><u>Fax your registration to:</u></b></p> <p><b>CCAAG</b> <b>403 271 2873</b></p> <p>For more information: Email – <a href="mailto:info@ccaag.com">info@ccaag.com</a> Phone – (403) 370 - 5251</p>	<p><u>Please check one</u></p> <p><input type="checkbox"/> AAG Members* ----- \$ 20.00</p> <p><input type="checkbox"/> Non-member----- \$ 30.00</p> <p><input type="checkbox"/> Student (with valid ID card) - \$ 20.00</p> <p><small>*An Individual Membership entitles you to attend at the member price. An Organizational Membership entitles 3 (three) people to attend at the member price/per person.</small></p>
---	--

***Once your registration has been received by fax – you will receive an invoice. Your Payment Options (Visa/Mastercard, etc.) will be made available to you upon receipt of your Invoice by email.***

**Note: There will be limited seating for this event – Register early!**